

Walk this Way... South Downs Women's Walking Group

Walks Programme - May until end September 2023

Tuesday May 2 nd Jackie	Marden Bluebells - 7m mod/hills (M6) Start: Stoughton Down Forestry Commission car park. Nearest post code PO18 9JQ Note: post code only takes you to last house in Stoughton, continue a mile or so. Car park is on right as road bends left. (what3words: keyboard.simulations.schematic)
Friday May 5 th Kate	Cocking, Staple Ash Farm, Venus Wood - 6.8m mod/hills (C31) Start: Cocking Hill car park, on the A286 GU29 0HT (Grid Ref: SU875165) The car park is on the left with the entrance just before the bus stop. (what3words: suave.typist.dining)
Tuesday May 9 th Jackie Suzy	Benbow Pond, Henley Duke of Cumberland Arms Circular - 7.5m mod (B3) Start: Benbow Pond, Cowdray Park, off the A272 nr. Easebourne, nearest post code GU28 9BX (what3words: appeal.conforms.surfer)
Friday May 12 th Jackie Suzy	Rowlands Castle, Finchdean, St. Humbert's Ch. Staunton Way - 6m mod (R9) Start: Roadside parking along Finchdean Road PO9 6DA (what3words: functions.member.roof)
Tuesday May 16 th	**WtW - Shropshire Walking Trip Depending on interest - for those not on the above trip: Kate has offered to lead a shortish walk - or instead, if the Azalias & Rhododendrons are in bloom, a group visit to Ramster Gardens & Tea House, Chiddingfold - £9 entry. TBC
Tuesday May 23 rd Sally D	Clymping Coastal Circular - 5.5m easy (C37) Start: Boat House café, Littlehampton Marina (what3words: visit.awards.hunt)
Friday May 26 th Jackie Suzy	Apuldram, Bosham, West Itchenor Circular - 10m flat (A4) Start: Visitors car park, Chichester Marina, Birdham, PO20 7EJ Refreshment stops available enroute, Ferry £2.50 (what3words: detection.unopposed.client)
Tuesday May 30 th Jackie Suzy	Harting Down, Beacon Hill, Elsted (Pub), Treyford - 7m hilly (B1) Start: Harting Down NT car park post code GU23 5PN Pay Parking for Non - NT members (no cash - use phone app) (what3words: snacking.instead.recording)
Friday June 2 nd Alison	Rackham Hill, SDW, Storrington, Parham - 7.2m mod/hill (P16) Start: Rackham Old School House, RH20 2EU, limited parking on verge along the lane opposite the School House. Refreshments enroute at Gerston Farm café (what3words: alienated.eagle.basin)
Tuesday June 6 th Jackie Suzy	Petworth Park, Upperton Common from Tillington - 6m easy (P5) Start: Roadside, near Tillington Village Hall, Upperton Road, Tillington, GU28 9AA (what3words: lifted.using.earlobes)
Tuesday June 13 th Jackie Suzy	Pagham, Sidlesham Qy, Chichester Golf Club, S. Mundham - 7.5m flat (P17) Start: Church Lane, Pagham, post code PO21 4NU. The walk will start at bottom end of Church Lane. Possible free parking in church car park. (what3words: petted.pushver.bucked)
Friday June 16 th Jackie Suzy	Lurgashall, Blackdown & Temple of the Winds - 6.5m mod/hill (L4) Start: Lurgashall, roadside parking spaces nr. NoahsArc pub & church GU28 9ET (what3words: whips.strikers.tapes)

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Tuesday June 20 th Jackie Suzy	Bignor, Sutton, Whiteways - 8m mod/hills (B24) Start: Bignor Hill car park. Directions: Turn left off A29 towards W. Burton, & Bignor. Pass Bignor Roman Villa on your right, turn left at Jays Farm and follow the rough lane uphill to the car park. (what3words: flamenco.skis.names)
Tuesday June 27 th Sally D	Boxgrove & Halnaker Windmill Walk - 6m easy (H13) Start: Boxgrove village Hall car park, The Street, Boxgrove, PO18 0EE (what3words: dabbled.videos.butternut)
Friday June 30 th Alison	Pulborough Brooks, Nutbourne, W Chiltington Common - 7.5m (R5) Start: Monkmead Wood car park, West Chiltington, Pulborough RH20 2NY (what3words: stapled.trickled.ignites)
Tuesday July 4 th Suzy	Kithurst Hill, North Stoke Circular - 7.8m mod/hills (K2) Start: Kithurst Hill Car Park, nearest Post Code RH20 4HW (what3words: popular.nightfall.mainly)
Tuesday July 11 th Jackie Suzy	Chichester Marina, West Itchenor Circular - 7.5m easy (B8) Start: Visitors car park, Chichester Marina, Birdham, PO20 7EJ Café stop halfway at The Quarterdeck (what3words: detection.unopposed.client)
Friday July 14 th Jackie Suzy	The Trundle, West Dean, Hat Hill, Singleton - 8.5m mod/hills (T5) Start: Goodwood Triangle car park, nr. Goodwood Racecourse. Nearest post code PO18 0PT (what3words: necklaces.chitchat.wonderfully)
Tuesday July 18 th Sally D	The Trundle, Centurian Way, West Dean - 6.5m easy (T8) Start: Trundle Hill 'seven points' car park, off Trundle Hill Road, Goodwood. Nearest post code PO18 0SP (what3words: contoured.ingles.thirsty)
Tuesday July 25 th Jackie Suzy	Eartham, Upwaltham, Gumber, Bignor Hill, Stane Street - 7.5m mod (E8) Start: Eartham Woods car park, ½ mile north of Eartham Village on the right. Nearest postcode PO18 0LU (what3words: syndicate.faded.stacks)
Friday July 28 th Kate	Duncton Hanger, Woolavington Down, Seaford College - 7.2m mod (D4) Start: Duncton Village Hall, Duncton, Petworth, GU28 0JY (what3words: nutrients.blame.airstrip)
Tuesday August 1 st Jackie Suzy	Lordington & Racton Ruin from Stansted House - 6.5 miles - easy/mod (R1) Start: Stansted Park Garden Centre car park, Rowlands Castle, PO9 6DX Refreshments available at Pavillion Tea Rooms on return to Stansted House
Tuesday August 8 th Jackie Suzy	Cowdray Park Circular - 6.5m easy (C18) Start: Cowdray Estate 100 space free car park on A272 at Easebourne, GU29 0AJ (by Cowdray Farm Shop and Café) (what3words: scornful.swear.fetches)
Friday August 11 th Jackie	Pagham, Sidlesham Qy, Ch'chester Golf Club, S. Mundham - 8.5m flat (P15) Start: Church Lane, Pagham, post code PO21 4NU. The walk will start at bottom end of Church Lane. (what3words: satellite.swept.feasts)

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Tuesday August 15 th Jackie Suzy	Rowlands Castle, Finchdean, Chalton - 8.7m mod/hills (R6) with one steepish descent near Chalton. Start: Roadside parking along Finchdean Road PO9 6DA (what3words: functions.member.roof)
Tuesday August 22 nd Jackie Suzy	Fernhurst to Black Down & Temple of the Winds - 5.5m uphill to start (T4) Start: Free carpark by the Green in Fernhurst, post code 3HY. A lovely walk with glorious views! Refreshments likely at end of walk (what3words: dividers.stiletto.flank)
Friday August 24 th Alison	Amberley Mount, North Stoke, South Stoke, Houghton - 8.2m mod/hill (A13) Start: Car park by Amberley C of E Primary School, BN1 9NB (what3words: everybody.badly.forgets)
Tuesday August 29 th Jackie Suzy	Stoughton & Kingley Vale - 6m mod/steep steps down into Kingley Vale (S12) Start: Stoughton Down Forestry Commission car park. Nearest post code PO18 9JQ Note: post code only takes you to last house in Stoughton, continue on a mile or so. Car park is on right as road bends left. If in doubt check on map before you leave home as no phone signal (what3words: titles.adverbs.episodes)
Tuesday September 5 th Suzy	Tortington, Arundel, Rewell Wood, West Stubbs Copse - 7.5m mod Start: Manor Farm, Tortington, Arundel BN18 0BG (what3words: canny.uncout.cringes)
Friday September 8 th Kate	Hesworth Common, Stopham, Fittleworth Common - 7m easy (H9) Start: Hesworth Common RH20 1JF (what3words: declares.whisk.works)
Tuesday September 12 th Jackie Suzy	Apuldram, Bosham, West Itchenor Circular - 10m flat (A4) Start Start: Visitors car park, Chichester Marina, Birdham PO20 7EJ Refreshment stops available enroute, Ferry £2.50 (what3words: detection.unopposed.client)
Tuesday September 19 th Jackie Suzy	Graffham, Lavington Common - 7m mod (G3) Start: Lavington Common Car Park, nearest post code GU28 0QL (what3words: differ.servers.helped)
Friday September 22 nd Jackie Suzy	Octagon Walk - 16 miles (O1) Start: Stansted Park Garden Centre car park, Rowlands Castle, PO9 6DX (what3words: burglars.soothing.albums)
Tuesday September 26 th Jackie Suzy	Black Rabbit, Sth Stoke, Nth Stoke, Amberley, Arundel - 8.5m mod (B29) Start: The Black Rabbit Inn, Offham, Arundel, BN18 9BP (please drive past the front of pub and park in the rear car park) (what3words: propelled.aced.chin)
Friday September 29 th Jackie Suzy	Whiteways, Bignor, Sutton, Gumber Farm - 9.7m moderate/hills (W17) Start: Whiteways Cafe car park, Bury Hill BN18 9FD (what3words: adhesive.youthful.offhand)

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Give way to other countryside walkers or cyclists

When you see others coming towards the group, or anyone coming from behind and wishing to overtake - please step to the side of the path to let them pass with plenty of room.

Maximum group size

This is up to each walk leader's preference but as a rule we aim to keep group size to 24 max

Change of walk location or cancellation.

The walks listed above could be subject to change or be cancelled at short notice in unforeseen circumstance. E.g. walk leader unavailability or bad weather conditions. We post any changes ASAP on our WhatsApp Noticeboard and our Face Book pages.

Clothing and equipment

Please always bring a rucksack with plenty of water, a snack or packed lunch, spare layers & also waterproofs if the forecast shows any inkling of rain, especially in winter or on one of our longer walks. The walk leader will be carrying a basic first aid kit, but if in any doubt please pack a few plasters, sun cream, antihistamine, or anything else you think you may need - always best to be safe than sorry!